

A TRINI THING

**BOLD FLAVOUR. REAL CULTURE.
PURE TRINI SOUL.**





ABOUT A TRINI THING

A Trini Thing is all about bringing the vibrant flavours, rich culture, and warm hospitality of Trinidad & Tobago straight to you. We celebrate the essence of Trinbagonian street food — bold spices, fresh ingredients, and dishes rooted in tradition.

From the crunch of a perfectly fried bake to the irresistible aroma of curry and geera, every bite tells a story of home. We honour authentic cooking methods and real ingredients — no shortcuts, no imitations.

More than a meal, it's a vibe.

It's community, nostalgia, and pure joy.

It's **A Trini Thing** — where every dish connects you to the heart of the islands.



THE HEART BEHIND A TRINI THING

A Trini Thing was born through faith, love, and an unwavering belief in God's grace. When my son, **Josiah Daniel Guerra**, arrived at just 25 weeks, he spent his early years in intensive care and is registered blind and on the autism spectrum — yet his strength continues to shine as a testimony of God's goodness.

During that challenging season, the kitchen became a place of reflection, gratitude, and healing. Cooking was not just nourishment — it was purpose, prayer, and peace.

From this journey, A Trini Thing emerged — a celebration of culture, resilience, and the blessings God places in our lives.

This brand is not just about food.

It is testimony.

It is joy.

It is God's love made tangible through real flavour.



OUR FAMILY BEHIND A TRINI THING

A Trini Thing is more than a business – it’s a family rooted in faith, unity, and community. Every dish is made with heart, culture, and the joy of sharing Trinidad & Tobago with the world.

CHERRISSE SHALLOW ORR

Business Partner & Sister

Strength, support, and strategy – the backbone beside the brand.

With grace and determination, Cherrisse ensures every step of the business reflects excellence. Her leadership strengthens our foundation and keeps our mission grounded in authenticity and community.

She reminds us that our work is not just about food, but about connection, culture, and care. Her presence continues to shape A Trini Thing into a space of heart, purpose, and true Trini spirit.

OUR KITCHEN CREW

The Heart of Every Dish

From sunrise prep to serving smiles, our team pours love into every dish

- P.J
- Karen Rodriguez
- D.A
- Andrese Samuels
- Devon
- Ife



ROOTED IN TRADITION

We honour our heritage with every plate — flavours inspired by home, music, markets, family gatherings, and the joy of being together.

- Every meal tells a story.
- Every dish is connection.
- Every bite is culture.





OUR PORTFOLIO

A Trini Thing is more than a food brand — it's a family built on faith, unity, and culture. Every dish is prepared with care, tradition, and true Trinbagonian pride. We believe food tells a story — of home, community, and shared memories. From the kitchen to the table, we pour heart, heritage, and authenticity into every plate we serve.





PHOLOURIE



FRIED BAKE



FRIED BAKE & FISH



DOUBLES





PARATHA/ BUSS UP SHOT ROTI



BHAGI RICE/ SPINACH RICE & STEWED OXTAIL



CALLALOO (MADE FROM TARO LEAVES)



BOILED CORN





CURRY DUCK & BASMATTI 3



COCONUT BAKE



CHICKEN ROTI



CORN SOUP





DOUBLES



FRIED CHICKEN WINGS



BBQ CHICKEN



**SALTFISH ACCRA/CODFISH FRITTERS
WITH TAMARIND CHUTNEY**



GUINNESS & OREO HOMEMADE ICE CREAM



PHOLOURIE & MANGO CHUTNEY



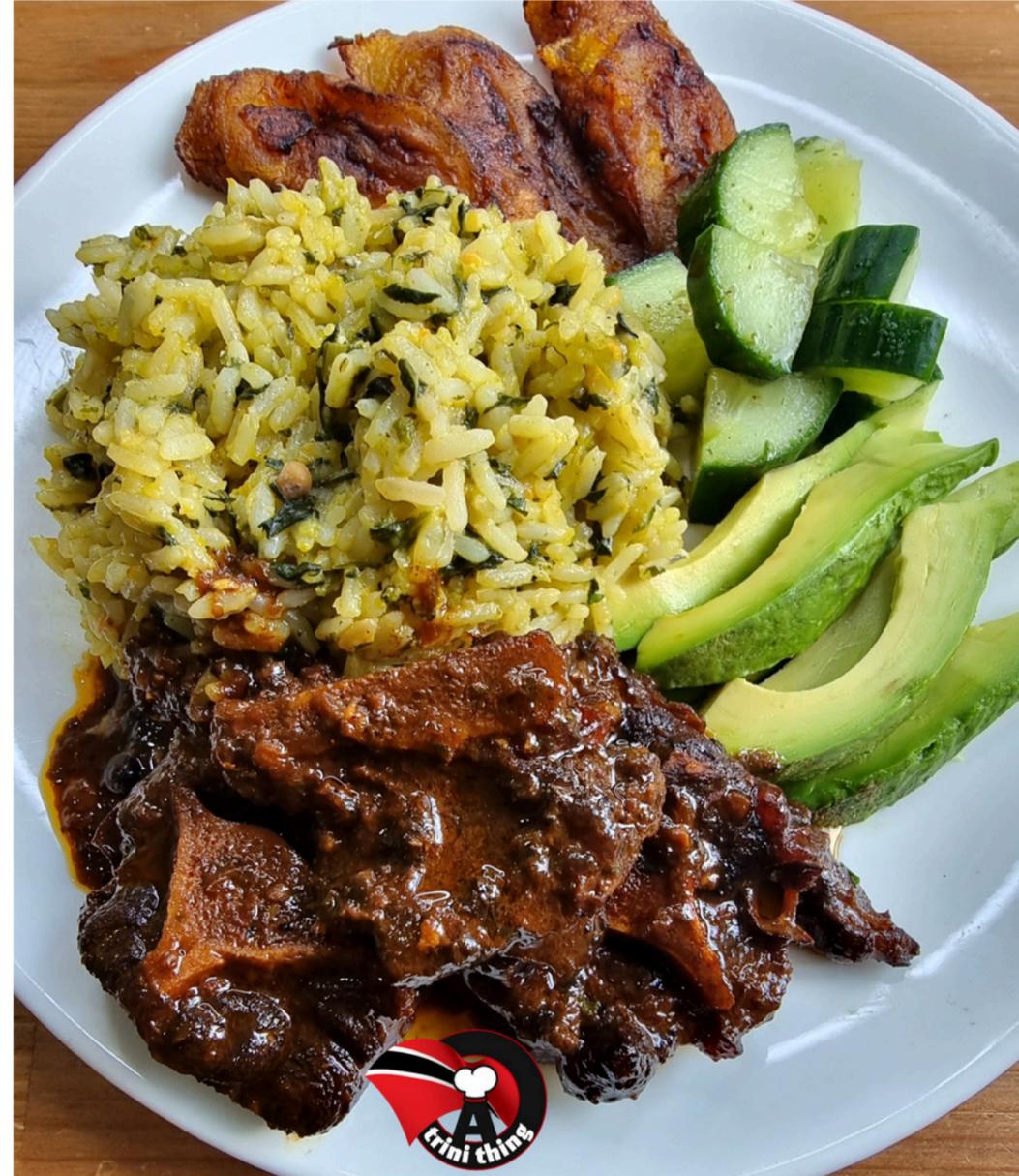
GUAVA GLAZE WINGS



CODFISH FRITTERS























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THANK YOU

